



STUDENT BRAG SHEET

Coach/Employer/School Counselor

Student Name: _____

Student Email: _____

Name of Recommender: _____

First college application deadline: _____

Write in your responses and provide as much detail as you need to answer each question.
Return to your recommender at least 10 school days prior to the application deadline.

1. If you could write the opening sentence of your commendation letter, how would it read?

2. Why did you choose the selected person as your recommender?

3. List three adjectives you, your family, or your friends would use to describe you.

Example adjectives chart on page 4.

1. _____
2. _____
3. _____



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4. What is your intended college major and career goal?

5. Have you received any special recognition, honors and/or awards?

6. What are some of the activities that you have participated in outside of the classroom? Why did you find that activity meaningful or why is it interesting to you? This can include volunteering, leadership opportunities, and work or internship experiences.

7. Describe an academic experience or personal accomplishment of which you are most proud that has been a highlight in your high school years (a class, a paper, a project, a book, etc.) and explain why.



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8. Do you think your transcript is an accurate reflection of your true abilities? Please explain any “bumps in the road” you may have experienced or anything on your transcript you feel warrants clarification.

9. Excluding the items listed elsewhere on this form, please share any quirky, unique, interesting things about you (things that we wouldn't otherwise know) that paint a picture of who you are.

10. Is there anything else you would like your recommender to know that is important to you?



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Example Adjectives

Use can use chart to help select adjectives to describe you in question 3.

Academic	Personal	Professional	Other
Curious, Inquisitive	Compassionate	Driven, Ambitious	Efficient
Cerebral	Enthusiastic, Energetic	Self-motivated	Expressive
Teachable, Humble	Friendly	Independent	Cooperative
Determined	Courteous, Polite	Innovative	Observant
Diligent	Loyal	Insightful	Innovative
Focused	Perseverant, Patient	Efficient	Imaginative
Talented, Skilled	Quiet	Reliable	Dependable
Intelligent	Honest, trustworthy	Team Player	Mature
Competitive	Supportive	Thorough	Conscientious